

Innovating teaching approaches outside the classroom
“Widespread School” Erasmus+ project
2-3 December 2025, Espoo

MONDAY, 1st DECEMBER

Arrival day. No organized activities.

TUESDAY, 2nd DECEMBER

- 09:30 – 12:00 Meeting at Saunalahti School. Welcoming and school tour. ([Brinkinmäentie 1, 02330 Espoo](#))
- 12:00 – 12:30 Lunch at the school cafeteria
- 13:00 – 14:30 Project Meeting at the library ([Espoonlahdenkatu 8](#))
- 14:30 – 16:00 Presentation of the Library co-operation.
- 18:00 – 19:30 Sauna at Löyly in Helsinki ([Hernesaarenranta 2, 00150 Helsinki](#))
[Löyly Helsinki](#)
- 19:30 Dinner at Löyly (Complimentary)

WEDNESDAY, 3rd DECEMBER

- 09:15 Meeting point at Saunalahti School ([Brinkinmäentie 1, 02330 Espoo](#))
- 09:25 Departure to Haltia Nature Center (Charter Bus) ([Nuuksiontie 84, 02820 Espoo](#))
- 10:00 – 11:00 Demonstration of Haltia Nature School in Nuuksio Forest (Widespread School partner)
- 11:00 – 12:00 Exhibition in Haltia (Widespread School partner)
- 12:00 – 13:00 Lunch in Haltia



Co-funded by
the European Union



città dell'educazione della conoscenza



PER LA PROSPETTIVA INTERNAZIONALE

13:00 – 16:00 Seminar
National Dissemination
overview to Widespread School project)

in Haltia (Policy Guidelines,
seminar and

- General presentation of WS project. Policy Guidelines.
- Outdoor Learning specialist Ulla Myllyniemi (SYKLI) Background theory and practice of the Finnish WS Project

Coffee break

- Gutsy Go association presentation: Aram Aflatuni (WS project Finland)
- Reggio Emilia pedagogy as a background for WS

19:00 Dinner at Lucy in the Sky ([Keilaniementie 1, 02150 Espoo](#))
(At your own cost, dinner options will be available later)

THURSDAY, 4th DECEMBER

Departure day. No organized activities

Some baselines/good to know:

Traveling:

- Helsinki-Vantaa airport is in Vantaa. You can easily travel by train to the Helsinki City center and take a subway from there to Espoo.

- Saunalahti school is in southern Espoo. Nearest hotel is in Matinkylä *Hotel Matts* next to subway and bus station. I recommend that you book your stay from there. From Matinkylä it takes app. 25-30 minutes to Saunalahti.

Tapiola is the second best option. There you can book *Tapiola Garden Hotel*. From Tapiola it takes 40-45 minutes to Saunalahti School by bus and subway.

- Public transportation: Use HSL -application to buy tickets. You can use it in English and pay the tickets by credit card. The price of the ticket depends on the zones you're traveling. CB is the cheapest (Matinkylä-Saunalahti School 3.20€) and ABC (from the airport to city center 4.40€). From Matinkylä to Helsinki you use AB-tickets (3.20€).

Payment Methods:

- In many places card is the only payment method. You can use the most common credit cards. Cash is also accepted but for example buses, subways etc. don't take cash.

Weather:

- In December it might be cold (between +1- -10Celsius). In the daytime it doesn't get easier. Especially Helsinki City center is freezing cold in the winter time because of the sea.

- To be able to survive I recommend you to use layered clothing: long underwear, mid-layer (with which you can stay inside), warm quilted layer (pants or skirt, coat). It's very important that you have warm shoes and gloves. Using a beanie is a must to keep your head warm.

- Inside it's warm and nice also during nights because of the central-heating.

Food and beverages:

- Finnish people love coffee! There are many great places to buy espresso, latte etc... BUT the ordinary coffee we drink by gallons is probably very light and weird to you.

- Finnish rye bread is quite sour and has a special taste. It's very healthy!

- For the breakfast we often have porridge with berries. I'm pretty sure you have this option in the hotel too. We usually eat a proper breakfast, early lunch (between 11-13) and also quite early dinner (17-19). Restaurants are usually open until 22 though so no need to hurry to eat if you have a free evening. Most of the grocery stores are open every day: bigger ones even 24 hours and even the smaller ones 23.00 or 24.00.

- You can absolutely drink water directly from the tap. No need to buy plastic bottles. If you end up buying water or soda etc, it's good to know that we recycle each and every plastic bottle so do not throw them in the garbage bin. You can get some money back in a grocery store from the empty bottles.

